



aqua

HOTEL

AQUA'S CUDDLES



An entirely natural wonder
made of ground and water



AQUAHEALTH

Discover the indelible charm of **the mud rite**, of its warm and embracing softness, so fruitful of beneficial virtues which – as a medicament, better than a medicament – fix small and great body stress.

And after **the bath in the ozone bubbles**, don't miss the relax of our massage list, they are toning and regenerating after the mud embrace.

TRADITIONAL SPA TREATMENT

INHALATIONS AND AEROSOL

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AQUATOUCH

A **massage** is an enjoyable and relaxing experience, a gentle treatment that enhances wellness but is also simply delightful. It is an experience that helps you release all the stress that disrupts the delicate but vital balance between body and spirit.

Our Massages are soft and smooth but also intense and tonic to release your body from the bad habits consequences of our life style rhythms.



TRADITIONAL

COMPLETE THERAPEUTIC MASSAGE

session time 55 min.

49

It's particularly recommended following thermal mud treatments, and it improves circulation, tones muscles, increases flexibility and promotes relaxation

CLASSIC MASSAGE

session time 25 min.

29

General and traditional massage, executed through a gentle muscles manipulation and using oil or cream to facilitate fluent and smooth frictions

ANTISTRESS MASSAGE

session time 55 min.

49

This is a light general body massage, stress relieving and highly relaxing. It is especially suited for people who spend long hours driving or lead a mostly sedentary life



TRADITIONAL

CERVICAL MASSAGE

session time 25 min.

29

The aim of this treatment is to loosen tensions which are often, in everyday life, accumulated in the cervical area and create functional troubles (cephaleas, headaches, neck stiffness)

SPORTING MASSAGE

session time 25 min.

29

It's a technique which performs a particular draining effect on lactic acid and other metabolic scoriae produced by sporting activity

ENERGIZING MASSAGE WITH ESSENTIAL OILS

session time 25 min.

29

The use of the essential oils enhances the effect of the massage and adds a relaxing olfactory dimension during the stimulant manipulation

A dynamic splash of clear water against a bright blue background, with various droplets and streams of water captured in motion.

EMOTIONALS

CHOCOLATE MASSAGE

session time 55 min.

49

The ancient drink of the Aztecs is the leitmotif of an exclusive treatment! Cocoa contains certain antioxidants that have a vasodilating effect and facilitate blood circulation

VANILLA MASSAGE

session time 55 min.

49

Agreeable variation on the theme of sweetness. This massage is perfectly suitable for those who wish to turn the magical moment of a massage into a polysensory experience

LEMON & ORANGE MASSAGE

session time 55 min.

49

This treatment exploits the energy-giving and cooling properties of citrus extracts which penetrate into the skin thanks to the therapist's particularly relaxing technique

HOT STONE THERAPY

session time 80 min.

74

Traditionally this massage was performed only by the Indian Sciamans. In our times smooth and round lavic and basaltic heated stones (to a temperature of 50°C) are positioned on the body's chakra points. During this treatment these warm stones alternate with cold marble rocks

CALIFORNIAN MASSAGE

session time 55 min.

49

Massage with lukewarm scented oil which stresses the therapeutical contact between masseur and patient. It minimizes bodily tensions with circular and flowing movements

CANDLE MASSAGE

session time 55 min.

54

It's the latest trend in massages. It's a complete treatment as it combines the benefits of an intense massage that involves all the senses to the sensation of hydration. It's relaxing for both body and mind, leaving the skin softer because the melted candle hot vegetable butter is more penetrating than any massage oil, and works not only on the muscles but also on the skin, which becomes firmer

"HEAVEN AND EARTH" MASSAGE

session time 55 min.

49

Relaxing manipulation mainly concentrated on head, hands and feet which helps create an incredible feeling of total relaxation, significantly reducing states of stress and psychological tension



HOLISTICS & AYURVEDICALS

PLANTAR REFLEXOLOGY

session time 55 min.

49

The Chinese called it “On Zu Su” (the art of heel massage) but actually finger pressing is extended to the whole foot

SHIATSU MASSAGE

session time 55 min.

49

It's a technique which utilizes the points considered by acupuncture. Developed in ancient times in Japan, it essentially consists in handling and finger pressing of specific body points

ABHYANGA MASSAGE

session time 55 min.

54

Abhyanga means “massage with hands. . . and with the heart”. It is a massage with precious vegetal pleasantly heated oils which carry out a deep tonic action both on skin and muscular tissues

PINDASWEDA

session time 55 min.

74

This massage is executed by applying and soft rubbing smooth herb filled tampons on the skin. The heat and the herbs reduce swelling and loosen the toxins concentrated in the tissues

SHIRODARA OILING

session time 55 min.

54

It's a classical treatment belonging to ayurvedical tradition: a totality of holistic techniques which are utilized on the whole body by means of a respectful and very delicate touch.

It involves pouring body temperature oil onto the forehead in a continual stream. The warm oil, like a strand of light, falls and encircles the head, producing an extraordinary sensation of wellbeing and peace

HAWAI MASSAGE “LOMI LOMI”

session time 55 min.

54

In ancient Hawaii, Lomi Lomi massage was a ritual signifying the passage into a new phase of life, bringing man towards true self-awareness and physical and spiritual maturity. Relaxing and loosening, consisting of prolonged grazings which pass on serenity and peace. Very effective in the cure of depression anxiety and muscular rigidity

REHABILITATIVES



WATSU

session time 40 min.

49

Water Shiatsu (or precisely Watsu) is a variation of shiatsu techniques which are performed in a thermal aquatic environment, immersed in a thermal pool and held up by the therapist.

It is an especially relaxing technique, ideal for relieving muscular tension, enhancing joint motion and improving posture

PHYSIOKINESITHERAPY

session time 25 min.

29

Physiotherapy practices, particularly useful in the thermal environment for the possibility of combining them with water activities, allow you to recover by means of methodical manipulations carried out by qualified operators



BEAUTY TREATMENTS

LYMPHODRAINING PARTIAL FOR LEGS

session time 25 min.

29

Soft manipulation in order to favour liquids discharging through lymphatic ducts for an agreeable sensation of lightness and health regarding the legs which are made heavy by uncorrect postural habits

LYMPHATIC DRAINAGE “TOTAL BODY”

session time 55 min.

49

We wish to make you “fly” with your whole body through rhythmical and delicate movements following the direction of lymphatic tracts. You are going to live the dream of an hour grazing for a relax and wellbeing ecstasy. To be totally experienced

ANTI-CELLULITE MASSAGE

session time 25 min.

29

Massage in order to stimulate circulation and defeat the resistance of adipose layers which are particularly sclerosed on legs and buttocks



AQUABEAUTY

On the path of the same millenarian passion for health which marked our history, we will take care of you – soul and body – in the padded and relaxing atmosphere of the **Beauty & Vitality Center.**

For your beauty treatments, in addition to our staff expertise, we use the best natural cosmetics on the market, choosing the quality and the effectiveness of the Comfort Zone lines.



FACE

COMPLETE FACIAL TREATMENT

session time 55 min.

49

Special beauty treatment for facial skin, including an initial peel using products specifically selected according to skin type, a massage and finishing with the application of a purifying or clay mask

VEGETABLE MUD MASK

session time 25 min.

29

From the muds of Abano Terme, a precious gift for the skin with a powerful hydrating as well as purifying and oxygenating action

AROMATIC BEAUTY TOUCH

session time 55 min.

54

AROMATIC BEAUTY TOUCH OXYGENATING ANTI STRESS TREATMENT

An aromatherapy treatment that combines a hydrating and oxygenating action with an amazing soothing technique, inspired by ancient Egyptian customs, for total relaxation of the facial muscles

HYDRAMEMORY

session time 55 min.

54

DEEP HYDRATION TREATMENT

Treatment for the face, neck and neckline.

It creates a firm, radiant and silky appearance in skin, restoring the fluid balance to keep skin young and fresh

SKIN RESONANCE

session time 55 min.

54

TREATMENT FOR SENSITIVE DELICATE SKIN

Responsive skin which is prone to Redding, couperosity and weak capillaries

ACTIVE PURENESS REBALANCING

session time 55 min.

59

PURIFYING AND REBALANCING TREATMENT

Deep cleaning treatment for restoring a fresh and firm appearance to skin; it is especially indicated for oily and impure skin, both more resistant and delicate and dehydrated ones

GLORIUS SKIN

session time 25 min.

34

FACIAL LIFTING TREATMENT

Cosmetic lifting treatment offering immediate results without surgery. This blend of alpha-hydroxy acids, vitamin C and lifting agents produces an extraordinary effective mixture which immediately gives your face a fresh, radiant and firm look

SUBLIME ACTION

session time 40 min.

44

ANTI-AGING BIO-SYNERGETIC TREATMENT

This anti-aging conditioning treatment visibly reduces the effects of various types of damage caused by aging and free radicals minimizing wrinkles with a filler impression, for a newer and firmer skin

CHRONO-REVERSER COLLAGEN

session time 55 min.

54

ALPHA-HYDROXY ACIDS AND COLLAGEN TREATMENT

An extraordinary treatment to revitalize, condition and deeply hydrate skin, promoting cellular revitalization and cutaneous microcirculation



FACE

EYE SUPREME

session time 25 min.

34

ANTI-AGING EYE TREATMENT

Minimizes unattractive puffiness, circles and lines.

Nourishes the periocular skin and adds vitality to your gaze

LIP BLOOMING

session time 25 min.

24

VOLUMIZING TREATMENT FOR THE LIPS AND LIP AREA

Special treatment for minimizing chapping, small wrinkles and vertical marks around the lips. The main ingredients nourish and soften lips as well as adding significant volume

HYDRA PERFORMANCE

session time 40 min.

44

INTENSE HYDRATING TREATMENT FOR MEN

Special treatment for dehydrated skin subject to dry conditions, stress and air-conditioned environments

FACIAL LymphODRAINAGE WITH MASK

session time 55 min

49

Gentle massage promoting tissue drainage performed and combined to a specific cream



BODY

REVITALIZING FIRING MUD

session time 55 min.

64

TONING TREATMENT WITH ESSENTIAL OILS AND MARINE ALGAE

An effective treatment for reshaping, firming and reducing skin sagging. The smoothing action minimizes and prevents stretch marks

TONE UP

session time 55 min.

64

Highly revitalizing and firming treatment which increases Breast fullness and specific anti-sagging effect

AROMASOUL SCRUB RITUAL

session time 55 min.

59

REVITALIZING NOURISHING TREATMENT WITH ESSENTIAL OILS

Spectacular body ritual, inspired by ancient traditions from the four areas of the aromasoul world (Arabian-Mediterranean - Indian - Oriental). This treatment rejuvenates tissues, offers smoothness and renewed radiance to any skin type

ACID GRAPE TREATMENT

session time 55 min. 59

Hydrating and smoothing treatment for the skin of the face and body. The seeds are rich in calcium, phosphorus, polyphenols and flavonoids and organic acids (malic, tartaric, glycolic acid), with high antioxidant properties. After a gentle exfoliation, a mask and an oil are applied for a multi-sensory sensation of freshness and lightness

MUD CELLULITE

session time 25 min. 34

Shock treatment against mild or more settled cellulite. Lipolytic and draining, it promotes the micro blood circulation, giving the skin an immediate tone by visibly reducing the effect of "orange peel"

ACTIVE DRENAL

session time 40 min. 44

Active draining treatment, rich in sea salts and Blue Algae of Britain, with a marked lipolytic and draining action. Combats puffiness and promotes skin exfoliation, leaving it incredibly smooth

PRESSOTHERAPY

session time 25 min. 29

The secret for improving metabolism and blood and lymphatic circulation by means of sequenced and localized pressure

MANICURE

session time 25 min. 24

An agreeable beauty treatment for a soft and velvety skin with beautiful nails

PEDICURE

Esthetic - session time 25 min. 29

Curative - session time 55 min. 44

Treatment for beauty and health of feet, which includes a pleasant vibromasseured footbath, an intense anti-blemish skin treatment and finally a massage to soften and refresh the skin

SOLARIUM

1 session of 15 min. 14

3 sessions of 15 min. 34

5 sessions of 15 min. 49



FACE & BODY

TRANQUILITY RITUAL TREATMENT

session time 55 min.

59

AROMATIC FACIAL AND BODY RITUAL

A unique combination of soft surfaces, aromatic fragrances and an extremely relaxing massage creates an exclusive treatment which releases tension and stress from both body and mind

SUN SOUL RITUAL

session time 55 min.

59

ANTI-AGING SELF-TANNING FACE AND BODY TREATMENT

Triple action treatment to revitalize facial and body skin, imbuing it with a natural golden color and protecting it from oxidative damage



FACE & BODY

HONEY TREATMENT

session time 55 min.

49

Emollient and nourishing beauty body treatment, including an initial peel, a mask and a honey massage

APPLE CODDLES

session time 55 min.

49

An high emotional and aromatic impact treatment which contains green apple extracts and includes a peel, a mask and a relaxing final massage

SACRED NATURE

session time 55 min.

59

NOURISHING AND ELASTICIZING FACIAL/BODY RITUAL

Unique massage focused on the face and body, enhancing the all-natural organically certified creams used. Soft surfaces and seductive fragrances create a totally relaxing ritual



[**comfort zone**]

a complete sense of beauty

Welcome to the [**comfort zone**]
an exclusive space for you, a reinvigorating
interlude in the frenzy of daily life,
an invitation to discover amazing results
and the pleasure of a multi-sensory,
enveloping and unforgettable journey.

A sublime experience of complete
wellness, an inspiring philosophy,
an array of innovative products and
treatments, designer accessories and
elements, the result of a synergy between
nature's wisdom and scientific intelligence
to offer extraordinary body care and
pleasure to the senses.

[**comfort zone**]

a complete sense of beauty



AQUARELAX ZONE

For your wellbeing,

a relaxing oasis “under the stars”
with a bio sauna and steam bath,
a bar offering herbal teas and vitamin juices,
a gym corner outfitted with Technogym
equipment,

a solarium room for a natural golden tan
and the AquaZone shopping area

where you can purchase superior products
for all your beauty needs.

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